



January/February 2019 Newsletter



A Message from Leadership:

We at the Health Planning Council of Northeast Florida are looking forward to improving public health in our 7 county region this year. We are focusing on a number of public health issues that span health and strategic planning, pedestrian safety and transportation, the opioid crisis, behavioral health, and access to care for the uninsured and underinsured. We will also be offering improved, real-time access to our hospital and nursing home utilization data. HPCNEF is designated by the state Agency for Health Care Administration

(AHCA) to collect and analyze healthcare utilization data from facilities in AHCA District 4. This designation makes the Health Planning Council the leading provider of up-to-date hospital and nursing home utilization data in Northeast Florida.

We hope to provide assistance beyond our region consisting of Baker, Clay, Duval, Flagler, Nassau, St. Johns and Volusia counties. We are reaching out to offer help to many of the health departments in the northwestern area of Florida, as some are still suffering in the aftermath of Hurricane Michael. We are able to assist them with some of their state-required health planning deliverables as a part of our membership in the North Florida Health Councils Consortium.

Please take a moment to see some short updates on our initiatives as well as those of our community partners. You can learn more about the services we provide by visiting our website at www.hpcnef.org.

If you would like to contribute information to this newsletter, please send an email to info@hpcnef.org with your updates and events. This newsletter is published on a quarterly basis and reaches a targeted audience of over 1100 individuals, agencies and organizations.

Susan Grich
President & CEO
Health Planning Council of Northeast Florida, Inc.
A 501(c)(3) Non-Profit Organization

PROJECTS AND PROGRAMS



SAFE ROUTES TO SCHOOL



Too many Americans are being struck and killed by the drivers of cars, trucks, and SUVs while walking. *Dangerous by Design 2019* chronicles the preventable epidemic of pedestrian fatalities, which have been steadily increasing in recent years, even as traffic fatalities overall have been decreasing. [Read the Report](#)

MENTAL HEALTH FIRST AID

FIRST RESPONDERS SUFFER: HOW MENTAL HEALTH FIRST AID CAN HELP

John is a paramedic with the NSW Ambulance in New South Wales, Australia, and he battles the symptoms of post-traumatic stress disorder (PTSD) brought on by his job. [Read More](#)

For more information or questions regarding **Free Adult Mental Health First Aid Training**, please go to info@MentalHealthFirstAid.org. To find a course or to contact an instructor in your area, please visit www.MentalHealthFirstAid.org. If you would like to host an Adult Mental Health First Aid class, please email jaxhospitalpartnership@gmail.com. Adult Mental Health First Aid is a FREE, 8-hour training course designed to give members of the public key skills to help someone who is developing or experiencing a mental health crisis. As of January 2019, the Jacksonville Hospital Partnership's trainers have helped 6,400 citizens become more aware of mental illnesses and how to de-escalate a mental crisis.

NORTHEAST FLORIDA CANCER CONTROL COLLABORATIVE

The Northeast Florida Cancer Control Collaborative will begin planning the annual disparities training. We look forward to the review of our strategic plan and hearing about your efforts in cancer prevention and improving the quality of life for those winning the fight against cancer.

MARKETPLACE NAVIGATORS

CMS Releases Final Snapshot for the 2019 Federal Exchange Open Enrollment Period - Final Snapshot Shows Enrollment Remains Steady

The Centers for Medicare & Medicaid Services (CMS) released the final snapshot for the Federal Health Insurance Exchange 2019 Open Enrollment Period, showing steady enrollment with more than 8.4 million consumers enrolled. By comparison, 8.7 million people had enrolled at the same time last year. This represents remarkably steady enrollment at a time when a strengthening economy and job market may be reducing the need and demand for subsidized health coverage. There are several factors that may have contributed to this year's enrollment. At the time Open Enrollment began, there were more than two million jobs added to the economy compared to the prior year which resulted in the lowest unemployment rate in nearly fifty years. More people in jobs means more people with access to job-based health coverage, which should reduce demand for subsidized coverage. In addition, due to the expansion of Virginia's Medicaid population, CMS estimated that approximately 100,000 2018 Exchange enrollees would be eligible for expanded Medicaid. [Read More](#)

NEWS AND RESOURCES



HEALTH IN THE NEWS MEDICAID PLANS COVER DOCTORS' VISITS, HOSPITAL CARE, AND NOW YOUR GED!

Medicaid health plans are starting to pay for non-traditional services such as meals, transportation, housing and other forms of assistance to improve members' health and reduce medical costs. [Read More](#)

FLORIDA LAWMAKER SEEKS WARNING STICKERS FOR OPIOIDS

Florida lawmakers continue to respond to the state's opioid epidemic, with Rep. Joe Geller, D-Aventura, filing a bill Tuesday that, among other things, would require pharmacists to place red warning stickers on prescription drug bottles



HIGHLIGHTED RESOURCES

FLORIDA DEPARTMENT OF HEALTH IN DUVAL COUNTY

One of the tools that DOH-Duval utilizes and has found to be very helpful is the CDC Worksite Health ScoreCard (HSC). The CDC HSC is a tool designed to help employers assess their health promotion programs, identify gaps, and prioritize high-impact strategies to prevent heart disease, stroke, and related conditions such as hypertension, diabetes, and obesity. You can access the online ScoreCard and get more information [here](#). If you should have any questions, please do not hesitate to Celine Ginsburg at 904-253-1489.

containing opioids or other controlled substances.
[Read More](#)

PEOPLE ADDICTED TO OPIOIDS DON'T NEED TO BE IN JAIL, THEY NEED HELP

Time is running out for legislators to seize a rare bipartisan opportunity to extend support for local law enforcement's efforts to help those affected by the opioid crisis. [Read More](#)

STAYING ALIVE - HOW TO FIGHT AN OPIOID ADDICTION

More than 42,200 Americans died from opioid overdoses in 2016, victims of a crisis that's being fueled by the rise of a powerful synthetic opioid called fentanyl, which is 30 to 50 times more potent than heroin. Rock stars Prince and Tom Petty had fentanyl in their systems when they died. [Read More](#)

WHEN TO TAKE (OR NOT TAKE) ASPIRIN TO PREVENT HEART TROUBLE

Aspirin, a mild pain reliever, is one of the most familiar medicines in the world. One increasingly common use of this popular medicine, though, may not be safe for some older adults, a new analysis of existing research suggests. [Read More](#)

SULZBACHER CENTER

There are thousands of people in Jacksonville who have no one to turn to, no one who is able to help them when a crisis occurs in their lives. They are the reason the Sulzbacher Center exists. The Sulzbacher Center is home to more than 360 homeless members of our community, many of whom are children, and the Center offers more than a night's lodging and a hot meal. The Sulzbacher Center is a place for reinventing lives and for restoring hope. They help people in need find their way home. [Learn More](#)

SOUTH CAROLINA PRIMARY HEALTH CARE ASSOCIATION - SEA Retreat

The South Carolina Primary Health Care Association is a 501(c)(3) membership organization that represents South Carolina's community health centers. The theme of the SEA Retreat was "Improving Value to Your Health Center". One of the presenters at the SEA Retreat was Joyce Case. Joyce Case is the Programs Administration Officer who has been with the Health Planning Council of Northeast Florida for 17 years. Joyce has more than 40 years experience in health care management and an extensive background in managed care, health care marketing, and contract management.

UPCOMING EVENTS



What: Free Opioid Training for Health Workers

When: February 8, 2019, 10:00 am - 12 pm

Where: 121 Financial Credit Union, 701 Riverside Park Place, Jacksonville, FL 32204

RSVP: By January 28, 2019 - 904-482-0189

For Additional Information: Sherri Chesshire, NEFAHEC Senior Program Manager - scheshire@northfloridaahec.org or at 904-482-0189

This Train the Trainer Event will include topics on Safe Storage and Disposal, Opioid Misuse and Addiction, and Naloxone Use.

What: 2019 Florida Asthma Coalition Summit

When: Thursday, February 21, 2019 (optional) to Friday, February 22, 2019, 1:00 pm - 4:00 pm

Where: Florida SouthWestern State College, 8099 College Pkwy, Ft. Myers, FL 33919

Register: [Register Now](#)

For any questions:

Florida Asthma Coalition

FLasthmacoalition@gmail.com

561-844-4220 x2900

For an outline of the agenda: click [here](#).

What: The 2019 Florida Blue Foundation Community Health Symposium

When: May 9-10, 2019

Where: Gaylord Palms Resort and Convention Center in Kissimmee, Florida

Register : [Register Now](#)

The theme for the 2019 Symposium is "Big Issues in Health: Exploring Solutions". It continues to be an exciting and timely topic and we are in the process of lining up great local and national speakers, incredible professional development sessions, networking opportunities and special moments for all.

[CLICK HERE](#) for a glimpse of what happened last year and what you can expect this year.

Visit our Website