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St. Johns River Rural Health Network

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ST. JOHNS RIVER RURAL HEALTH NETWORK

The St. Johns River Rural Health Network (SJRRHN) is a 501(c)(3) organization that HPCNEF administers through the Florida Department of Health (FDOH) Office of Rural Health. SJRRHN's focus has been to finalize work on the HRSA Rural Health Network Development Planning Grant for Putnam County which will conclude on June 30, 2020. SJRRHN applied for the Rural Health Network Development Grant in November 2019 and received Notice of Award in the amount of \$900,000 for a three year project period to begin July 1, 2020!

Share Facts About COVID-19

Know the facts about coronavirus disease 2019 (COVID-19) and help stop the spread of rumors.

FACT 1 Diseases can make anyone sick regardless of their race or ethnicity.

People of Asian descent, including Chinese Americans, are not more likely to get COVID-19 than any other American. Help stop fear by letting people know that being of Asian descent does not increase the chance of getting or spreading COVID-19.

FACT 4 You can help stop COVID-19 by knowing the signs and symptoms:

- Fever
- Cough
- Shortness of breath

Seek medical advice if you

- Develop symptoms

AND

- Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

FACT 2 Some people are at increased risk of getting COVID-19.

People who have been in close contact with a person known to have COVID-19 or people who live in or have recently been in an area with ongoing spread are at an increased risk of exposure.

FACT 5 There are simple things you can do to help keep yourself and others healthy.

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

FACT 3 Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.

For up-to-date information, visit CDC's coronavirus disease 2019 web page.



For more information: www.cdc.gov/COVID19

COVID-19

Please visit our Tools & Resource page to help you prepare and respond.

[Click here](#)



HURRICANE PREPAREDNESS

Hurricane season officially runs from June 1 through November 30. NOAA's Climate Prediction Center, a division of the National Weather Service, predicts an above-average Atlantic hurricane season. Planning what to do before an emergency occurs is the best protection for you and your family.

Click below for the latest information:

[NOAA Preparedness](#)

[COJ Emergency Preparedness](#)



National Consortium of Telehealth Resource Centers Webinar:

Digital Marketing: Best Practices for Direct to Consumer Telehealth

**CME credit will be available for this webinar.*

In the wake of COVID-19, consumer behavior and interaction with healthcare providers has shifted to place more emphasis on digital touchpoints. Now more than ever, it's critical that telehealth providers understand how to implement effective digital marketing strategies to connect with patients and reduce friction in their digital experience. This presentation will help lay the foundation for you to build your digital strategy. Participants will learn how to:

1. Identify opportunities to reduce friction based on the consumer journey
2. Discuss highest value marketing channels based on consumer data

Define audience segments and outline conversion goals.

Click to [Register](#)



Telemedicine eases substance abuse treatment for some

In-person group meetings for people with substance abuse disorder have been canceled or curtailed, and patients have hesitated to seek treatment during the COVID-19 pandemic, but telemedicine has bridged the gap and might expand options after the pandemic subsides. Telemedicine makes it easier for some patients to keep appointments and could reduce patient apprehension, but it's also easier to "dissociate on the phone in a way that you can't in person," says Fred Muench, president of the Partnership to End Addiction.

Full Story: [HealthDay News](#) (7/9)



Find the nearest clinic.

Know someone who needs healthcare coverage?

Contact an ACA Navigator for help!

Important Reportable Changes to the Marketplace
Log on to HealthCare.gov or call 1-800-318-2596 (TTY: 1-855-889-4325) to update any of the following life changes when they occur.

 Address, name, phone number, or email address	 Citizenship status (gain citizenship or lawful presence?)
 Household size (marriage, divorce, death, birth, adoption)	 Member of federally recognized American Indian or Alaska Native tribe
 Income (new job? second job? lost job? retired?)	 Incarceration status
 Loss or change in health coverage	 Newly eligible for Medicare (through disability or age i.e. turning 65)

Why You Should Report a Life Change

- Your tax credit might change — it could be higher or lower and change your monthly premium and/or cost-sharing amount.
- You or a family member could qualify for a Special Enrollment Period (SEP)

[Schedule an Appointment with an ACA Navigator](#)



For more information on how to
connect with the St. Johns River
Rural Health Network

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